

BREAKFAST MENU

CHOOSE ONE FOR YOUR GROUP TO SHARE

Grilled cured back bacon served in a crusty bread roll 525 kcal

Ask for Grilled cured back bacon made gluten free GF 480 kcal

Succulent pork sausage served in a crusty bread roll 730 kcal

Ask for Succulent pork sausage made gluten free GF 555 kcal

Ask for Sausage made vegan VE 610 kcal

Free-range fried egg served in a crusty bread roll V 425 kcal

Ask for Free-range fried egg made gluten free GF 380 kcal

ALSO INCLUDES

Basket of seasonal fresh fruit V 160 kcal approx

Ask for Basket of seasonal fruit made gluten free GF or vegan VE 160 kcal

Freshly baked croissants with preserves V 505 kcal

Selection of breakfast, fruit, herbal teas 0 kcal | Add milk +35 kcal

Freshly brewed coffee 20 kcal | Add milk +35 kcal

OPTIONAL EXTRAS

Jug of chilled orange juice V 480 kcal (serves 5)

£7.50

Seasonal fresh fruit platter V 305 kcal (serves 5)

£15.00

Ask for Seasonal fresh fruit platter made gluten free GF or vegan VE 305 kcal

Selection of premium muffins V 705 kcal

£5.50 per person

Breakfast burrito 430 kcal

£5.50 per person

Bacon, sausage, egg, avocado and spinach served with cool salsa

Selection of filled mini-croissants 130 kcal

£5.50 per person

Pork sausage rolls with tomato chutney 810 kcal

£5.50 per person



(V) No meat or fish | (VE) Vegan available | (GF) Gluten free available

Please note that some of our meat/fish dishes may contain bones. | Adults need around 2000 kcal a day.

IMPORTANT ALLERGEN INFORMATION

Use the QR code to access important allergy information and to select suitable dishes for your specific food allergy or intolerance. It is your responsibility to ensure that dishes are suitable based on the information provided on the portal. Menu descriptions may not include all ingredients.

BREAKFAST UPGRADE

£7.95 PER PERSON

FULL ENGLISH BREAKFAST BUFFET GF

Only available as an upgrade for your whole group

Grilled cured back bacon GF 190 kcal

Succulent pork sausage GF 190 kcal | GF 100 kcal | VE 120 kcal

Grilled tomatoes V GF VE 25 kcal

Sautéed mushrooms V GF 90 kcal

Crispy hash browns V GF VE 160 kcal

Baked beans V GF VE 80 kcal

Fried eggs V GF 140 kcal

or

Scrambled free-range eggs V GF 360 kcal

Toast with preserves V GF VE 210 kcal

*Ask for Full English breakfast buffet made gluten free GF or vegan VE
(see symbols above for options)*

ALSO INCLUDES

Basket of seasonal fresh fruit V GF VE 160 kcal approx

Freshly baked croissants with preserves V 425 kcal

Selection of breakfast, fruit, herbal teas 0 kcal | Add milk +35 kcal

Freshly-brewed coffee 20 kcal | Add milk +35 kcal

WELLBEING BREAKFAST OPTIONS

Coconut and strawberry granola with crushed banana chips V 210 kcal

£6.00 per person

*Ask for Coconut and strawberry granola with crushed banana chips
made gluten free GF or vegan VE 210 kcal*

Overnight chia seeds with banana chips and blueberries V 280 kcal

£6.00 per person

Ask for Overnight chia seeds made vegan VE 280 kcal

Fruit platter with seasonal berries V 315 kcal

£3.00 per person

Ask for Fruit platter with berries made gluten free GF or vegan VE 315 kcal

SELECTION OF WELLNESS DRINKS

£3.25 PER PERSON

Kombuchas - Ginger | Raspberry | Passionfruit

Firefly - Kiwi, lime and mint | Lemon, lime and ginger

Sustainable 'Water in a box' - Strawberry | Lemon and lime



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